

## Montreal Cognitive Assessment (MoCA) – Blind If by Telephone

Permission to use MoCA-Blind must be obtained at [www.mocatest.org](http://www.mocatest.org)

We suggest the following instructions, as an addendum to the existing MoCA-BLIND instructions, if this test is to be administered by phone.

**Instructions:** Read to participant before administration of the MoCA-Blind: ***I am going to ask you some questions to test your thinking and memory. Please be sure that all papers, pencils, books, calendars, newspapers, and everything else that might provide distraction or visual cues are removed from your sight. Also, please be sure that the room is quiet: there should be no television, radio, or music playing. Some of the questions I will ask you are likely to be easy, but some might be difficult. Please bear with me and try to answer all the questions as best as you can. If you can't answer the question, don't worry, just try your best. Are you ready?***

### **Vigilance:**

Administration: The examiner reads the list of letters at a rate of one per second, after giving the following instruction: ***"I am going to read a sequence of letters. Every time I say the letter A, tap the mouthpiece of the phone once. If I say a different letter, do not tap. Before we start, tap the mouthpiece of the phone now so I can ensure that I can hear it properly"***.

- The above instruction is similar to what has been done in prior work: *Stroke*. 2013;44(1):227-9.

